



# 從新出發 – 走出「分」後陰霾 國語講座

## A NEW JOURNEY – A ROAD TO INDEPEDENCE.....

### Topics include:

- Common negative emotions
- Rebuilding yourself after separation/divorce
- Assisting your children to deal with separation/divorce
- Q&A

### 內容包括:

- 常見的負面情緒
- 「分」後的心理調整及重建
- 如何協助子女面對父母離異
- 問答環節



日期 Date:

Thursday, July 11<sup>th</sup> 2013

時間 Time:

6:30 – 8:00pm

語言 Language:

國語

地點 Address:

3330 Midland Avenue, Unit 238,  
Scarborough (Finch/Midland)

查詢或報名 Inquiry/Registration:

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